

North Dakota Pediatrician

North Dakota Chapter
of the American Academy of Pediatrics

Please place on your calendar:

- Executive Board Members: Friday, September 27, 2002 10-12:30 p.m. Executive Board Meeting, Ramada Inn, Minot, North Dakota
- All Members: Friday, September 27, 2002 1:30-4:30 p.m. Afternoon CME Programming, Ramada Inn, Minot, North Dakota

President's Letter



Bernard Hoggarth,
MD, FAAP

I would like to take this opportunity to thank Dr Lori Sondrol for all her expert guidance as the past President of the North Dakota Chapter of the AAP. It is with great honor that I accept the next three years to serve in this capacity. On September 20-22, 2002 I will be attending the Chapter Forum along with your new Vice President Dr Todd Twogood and new Executive Director Jennifer Knutson. We will be voting on issues put forth from the grass roots of our organization in the forum of resolutions. The purpose of a resolution is to provide a formal mechanism whereby the members of the Academy can provide input regarding Academy policies and activities. All resolutions adopted by the Annual Chapter Forum are considered by the Board, but are advisory and not binding. You can find

these resolutions on the AAP web site in the members only channel.

Please mark your calendars (Friday, Sept 27th) for the fall meeting in Minot along with the NDMA 115th annual meeting. The pediatricians in that region and Todd Twogood promise to put on an excellent program. The theme this year will deal with behavior disorders including the Autistic spectrum disorder.

This is a particularly critical time for children as there are many activities ongoing which may have a dramatic impact on them. As the population ages the older members demand a larger share of the healthcare resources. 911 has had a dramatic impact on all of our lives and gives us a great opportunity to reemphasize the importance of the family unit. Vaccines have changed the infection patterns of the diseases we treat, and shortages have brought frustration. The electronic age has made us accept the computer as part of our

lives as we see books, journals and other hard copy turning to an electric format. Over half of our members now have e-mail addresses. Our practices are changing and we must direct their course so to gain the most for the children we serve. Please visit NDAAP.org and suggest any changes, which might benefit you or your patients.

The NDAAP will be working on several legislative bills for the next session. A draft of a Bill to provide universal newborn hearing screen is currently circulating in numerous arenas. You will all receive a copy of this when it reaches its final version.

Submitted by

*Bernard J. Hoggarth, MD
FAAP*

Inside this issue:

Message from Vice President	2-3
Terrorism and Children	2-3
West Nile Virus	2-3
Special Invitation	4
Tandem Mass Screening for ND Infants?	4
Farewell and Thank You	4
Medical School Seniors Choose Pediatrics	5

**New
Executive
Board
Officers for
2002-2005**

President:

*Bernard J.
Hoggarth, MD,
FAAP*

Vice President:

*Todd Twogood,
MD*

Treasurer/

Secretary:

*Myra Quanrud,
MD, FAAP*

Past President:

*Lori A. Sondrol,
MD, FAAP*

Message from the Vice President

To look toward the future and say we have hope is sometimes all we can do. However, with the help of people who care, a little can go a long way. This is exactly what the children of North Dakota need; hope for what's to come, the love and support of family, and other individuals who work on a broader scheme to reach out and

create an environment where they can be safe and prosper. As pediatricians of this great state, we are the individuals who can make that difference. I feel that as an organization, the NDAAP, is the one way we can join together to create an impact for the children. Working together to change public policy, provide education and aware-

ness, and standup for their rights is what we can do. Every child also deserves the right to have health insurance, and there are already steps being taken on a state and national level to see this happens. It's exciting to know that in a smaller state like ours, one voice can go a long way. Rela-

(Continued on page 3)

Terrorism and Children

The reminders of the destruction of the World Trade Center and the attack on the Pentagon on September 11 will certainly always be with us, and many of our lives may be disrupted in different ways for a long time.

The impact has different affects on some children

(especially young children below the age of 7 or 8) they might react to the stresses with fear and anxiety. It may not be unusual if some young children react by being more clinging or have trouble with separation. Others might have some difficulty at bedtime. Parents should be prepared to spend extra time if nec-

essary.

Parents may want to talk with older children about the past events and what it might mean, but young children (under the age of 7 or 8) may be disturbed by witnessing scenes of destruction on television or by listening in on adult

(Continued on page 3)

West Nile Virus

Last summer it was the "Summer of the Shark Attack" and this summer there has been a lot of publicity regarding the West Nile virus. The West Nile Virus is spread to people by infected mosquitoes. The virus can cause inflammation of the brain (encephalitis) that in a few cases can be fatal. West Nile encephalitis is not spread from person to person.

Most people with the virus

either don't have symptoms or have only a mild illness. However, the illnesses caused by West Nile virus may be serious and may include encephalitis — inflammation of the brain — or meningitis — inflammation of the membranes and fluid surrounding the brain and spinal cord. Less than 1 percent of people infected with the virus develop serious illness.

When going outside, when

possible, wear long-sleeved clothes and long pants treated with repellents containing permethrin or DEET since mosquitoes may bite through thin clothing. Do not apply repellents containing permethrin directly to exposed skin. If you spray your clothing, there is no need to spray repellent containing DEET on the skin under your clothing.

Children should generally

Terrorism and Children *(continued)*

(Continued from page 2)

conversations. Although it might be important to allow older children to participate in viewing and talking about the news, it might be wise to limit young children's exposure to TV news - instead, reestablish routines and activities that are normal for them.

It is important that young children be reassured about their own safety and the safety of their parents and loved ones, but parents can also explain why people have reacted the way that they have. It will be a challenge for all of us to remind ourselves and our children that we value peace.



Message from the Vice-President *(continued)*

(Continued from page 2)

relationship building, and networking is the basis of making some of the key leaders listen to what we are advocating, and I feel we should concentrate on making that happen by first getting to know each other, as pediatricians in the state. The upcoming annual fall meeting in Minot on September 27th, promises to be the venue to do that. I encourage you all to mark it on your calendar and come join us. We will be getting out details to you later.

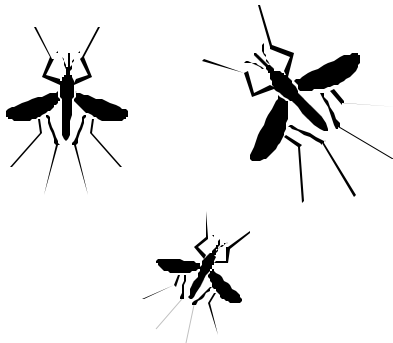
My goals as upcoming vice

president are simple. First, it is to see that as a chapter, we can get to know each other better as a whole and build the involvement of our membership through several different ways. If each one of us plays a small part in this, it will combine to make a stronger organization. Next, I would like to see that we as pediatricians are not forgotten. In times of decreased reimbursement and other pressures, our focus on advocacy for the children becomes harder. I would like to have us also look at advancing ourselves and our practices, in ways to make it easier for us to perform our day to day duties. What I am talking about

is advocating for the pediatricians of our state as well as the policies that affect us in our practice of medicine. At last, I would like to have more of us involved in the legislative process. This is where we can make a big difference for a lot of children. If we sit back and our passive, the children are not heard. We can be the voice of our children. Let's "STANDUP AND SHOUT"!

*Submitted by
Todd Twogood, MD
FAAP*

West Nile Virus *(continued)*



(Continued from page 2)

use products containing 10 percent DEET or less. Be careful not to apply a repellent to your child's hands or close to your child's mouth or eyes. It's best to avoid applying DEET products to

infants. Instead, cover your baby's carriage or playpen with mosquito netting when outside. Always cover the arms and legs of your children if they will be playing near swampy areas.

For more information see: <http://www.cdc.gov/ncidod/dvbid/westnile/index.htm>

Tandem Mass Screening for North Dakota Infants?

The North Dakota Department of Health is proposing amendments (rules) to the Newborn Screening Program that would expand the number of mandated newborn screening tests. The expanded tests would include Medium Chain Acyl-CoA Dehydrogenase Deficiency (MCADD) and other metabolic conditions identified through the use of tandem mass spectrometry (MS/MS). Also proposed is screening for sickle cell disease, since North Dakota is the only state that does not mandate either universal or targeted testing for this condition. Testing for biotinidase deficiency is proposed, too.

Screening cost for the current four tests, phenylketonu-

ria (PKU), hypothyroidism, galactosemia and congenital adrenal hyperplasia (CAH) is \$18. The total cost for the proposed tests plus current tests would be about \$45. The cost breaks down as follows: MS/MS testing would add about \$20 for MCADD and an array of other amino acid, organic acid and fatty acid disorders. If only MCADD testing were added, the cost would be about \$5. Sickle Cell/hemoglobin testing would cost \$5 and biotinidase testing \$2. The Iowa testing laboratory bills the hospitals for the tests — the Department of Health does not pay for the testing.

By October 18, let the Department of Health know your views. Are you in favor of adding all tests? If costs seem too

high, how would you prioritize tests? Do you have other concerns about the expansion of newborn screening? For a copy of the proposed amendments or to submit your comments, call 701-328-2493 or email: koby@state.nd.us.

A public hearing is scheduled for 1:00 p.m. on Tuesday, Sept. 17, 2002, in Room 210, Judicial Wing of the Capitol Bldg. 600 E. Blvd. Ave. in Bismarck. Please consider attending.

*Submitted by
Karen Oby, MPH, LRD
MCH/WIC Nutrition Services Director*

Farewell and Thank You

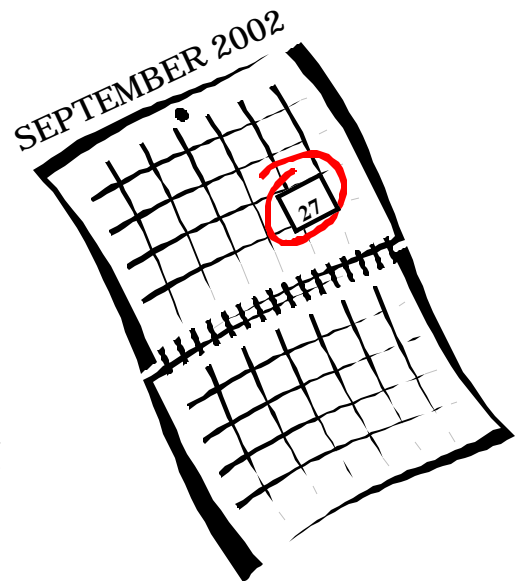
Hi, my name is Jennifer Knutson and I will be your new Executive Director. I would like to take a moment to thank your past Executive Director, Stella Hegg, for all of her hard work and dedication the past 3 years. She will be missed, but will be spending some well deserved quality time with her family. GOOD LUCK STELLA!

A Special Invitation

September 27, 2002 we will be holding our annual fall meeting in Minot, ND. I would like to encourage you to come to the afternoon CME programming. We are excited to have a variety of speakers that will be speaking to you about children's issues. More

information will be coming in the registration pamphlet. Please plan on attending and pencil us in on your calendar! SEE YOU THERE!

*Submitted by
Jennifer Knutson
Executive Director*



Medical School Seniors Choose Pediatrics

Approximately 10% of medical school graduates choose Pediatrics as a career. Five senior medical students matched in Pediatrics this year. These students are Tanya Fischer, Dana Carlson, Kaye Wagner, Chi Huynh, and Karilyn Avery.

Tanya Fischer calls Rhame, ND her home town and she attended Bowman High School. She received her undergraduate degree at NDSU. Tanya has matched at the University of Wisconsin at Madison. Through medical school Tanya sensed a happy environment with her primary and preventive care experiences. She hopes to eventually return to North Dakota or Montana as a general pediatrician.

Dana Carlson is originally from Fargo. She is a Fargo South graduate. Physiology was her major at the University of Minnesota as an undergrad. Dana matched at Rush Presbyterian in Chicago. She found this pediatric residency program to be a small program within a big city. She has always enjoyed working with children and performed volunteer work with children since high school. Her interest in Pediatrics as a career was solidified during her Ambulatory Clinical Experience (ACE) with Dr. Eric Lunn, an Altru pediatrician. Dana claims that she would love to come back to North Dakota after her residency or fellowship is completed. She is considering pediatric fellowship in either rheumatology or emer-

gency medicine.

Another medical student directly influenced by Dr. Eric Lunn is Kaye Wagner. Kaye was raised in Middle River, MN and attended Concordia College in Moorhead. She was a biochemistry major at Concordia. Kaye matched at the University of Iowa at Iowa City pediatric program. Other significant pediatric influences during medical school also included Dr. Larry Burd, pediatric psychologist who heads up the Child Evaluation and Treatment Program in Grand Forks. Kaye also credits Dr. Rod Rios, a MeritCare pediatric cardiologist as another significant mentor.

Karilyn Avery graduated from Velva North Dakota High School. She attended UND as an undergraduate. Karilyn was a research psychology assistant and crisis interventionist after the devastating flood of 1997. Karilyn will also be attending the University of Iowa at Iowa City's pediatric residency program. She hopes to practice someday in the Midwest as a general pediatrician. Her desire to become a pediatrician is very much influenced by her two-year-old daughter, Rebecca.

Chi Huynh graduated from Brooklyn Center High School and attended the University of Minnesota as an undergraduate. She matched in Pediatrics at the University of Minnesota. Chi is not yet certain whether she will practice as a general

pediatrician or complete a subspecialty fellowship. She does express an interest in pediatric hematology/oncology. She expects to practice in a metropolitan area. She credits a Southpointe pediatrician, Dr. C. J. Menagh, as a major influence in her decision to become a pediatrician.

As chair of the Department of Pediatrics at the UND School of Medicine & Health Sciences I want to thank all of the pediatricians across our state for all that you do for educating medical students. It is also important for you to know how much you personally influence these young student doctors in their choice of Pediatrics as career and for this you should be commended.

It is a great privilege to announce in this issue of The North Dakota Pediatrician that Dr. Rod Rios, MeritCare Fargo, and Dr. Roger Allen, Trinity Health Center Minot have been chosen to receive the Dean's Recognition Award for Outstanding Volunteer Faculty and will receive this award at the graduation ceremonies on May 4, 2002. At these same ceremonies Dr. Myra Quanrud will be inducted into the Alpha Omega Alpha Honor Medical Society as an alumnus member. Congratulations to Rod, Roger, and Myra.

*Stephen J. Tinguely, M.D.
Associate Professor & Chair,
Department of Pediatrics
UND School of Medicine &
Health Sciences*

*North Dakota Chapter
of the American Academy of Pediatrics*

1604 8th Avenue NW
East Grand Forks, MN 56721
FAX: (701) 772-5564
Email: jennifer_knutson@hotmail.com

Dedicated to the Health of All Children

**WE'RE ON THE WEB
AT: WWW.NDAAP.ORG**

Fall 2002 CME Program

Pencil us in for:
Friday, September 27, 2002
Please look for a
Registration brochure
coming soon!
