

NORTH DAKOTA PEDIATRICIAN

INSIDE THIS ISSUE:

<i>New Pediatricians</i>	2
<i>Physician Wellness</i>	2
<i>Upcoming Events</i>	2
<i>North Dakota School of Medicines report</i>	3
<i>Tandem Mass Screen</i>	3
<i>NDAAP Spring Meet- ing in Fargo</i>	4

PRESIDENT'S LETTER BERNARD J. HOGGARTH, MD, FAAP

As you are no doubt aware, endeavors. the bleak fiscal condition in North Dakota and the nation makes our work as advocates for children and pediatricians more important than ever. The economic impact is also coupled with an increasing age of our nation's residents and the demands the older population place on our health care systems while competing with the future generations. Secondary to the above, are other reasons children have not fared well at the state level this year. We will have to continue our efforts and keep up our local

On the bright side our efforts have resulted in a decrease in alcohol and tobacco use, violence, and teen pregnancy in our youth. Our immunization rates continue to rise, in spite of complex and difficult scheduling, rising costs, insurance problems, vaccine shortages and patient apathy. We therefore need to continue in our efforts and join forces as we work to help the children of our state and nation. You all need a special thank you for the excellent work you do. The AAP has done much to help us deal with terrorism.

Please visit the AAP site for lots of information on this topic. Please submit any information you feel our membership should be aware of. Remember it's your organization. Our chapter has completed the lengthy and involved process of filling for 501 (c)(3) status. **Our next meeting will be held April 25th.** Please check the web site @ NDAAP.org for updates as it relates to speakers. It looks like another great meeting.

VICE-PRESIDENT'S MESSAGE: THE BURNING ISSUE TODD TWOGOOD, MD

How could it be that we strive for what is right for the children of our great state and of our nation, and then it is seen as less important or an issue to deal with later? That is how it feels sometimes to be a pediatrician. However, these things should not discourage us in our undertakings but should make us just that much more determined to keep striving for what is right. It is true that most of us expect that what is good for children is good for our society, because they are our future. What is not expected is when our children are put secondary to other concerns for our society and our own community.

Those words are in essence what it was like for this legislative session. We had our priorities, our goals, and despite an extremely hard fought effort; every bill we introduced failed. The process is one that is, at times, hard to understand but this year was one that was obscured by budgetary concerns and a conservative legislative body. We are not alone in our battle. Many other states have similar if not worse constraints and likewise the reports from other AAP chapters are one of mostly failure to convince our state governments to take children and their programs as a priority.

It is not all despair, for we will continue to feel proud that we fought for what's right, and for our children. We also, will not give up the fight and continue to proceed though every avenue possible to succeed. The priorities for us will remain steadfast; however, our prayers have multiplied now to include the brave people who are defending our rights and our children through this time of war. We can only feel thankful for what we have at times like these, and hopeful that our children will benefit in their future for what is being done now.

We're on the web
at www.ndaap.org

*Dedicated to the Health of All
Children*

1000 S. Columbia Rd
Grand Forks, ND 58201

Phone: (701) 780-6191
FAX: (701) 780-1896
Email: bhoggarth@altru.org

**North Dakota Chapter of
the American Academy
of Pediatrics**

New Pediatricians in North Dakota

In this issue of the North Dakota Pediatrician two of our state's new pediatricians are profiled. Husband and wife, Drs. Sandeep Patel and Angela Erdrich have practices with the Indian Health Services on the Turtle Mountain Reservation. They share their pediatric practice as Angela works in the clinic in the mornings and Sandeep in the afternoons. In addition Sandeep has public health medicine responsibilities in Belcourt.

Angela's mother was raised on the Turtle Mountain reservation. She met Angela's father when he taught in this area. They moved to Wahpeton and taught at the Indian school in Wahpeton for three decades. Angela attended Dartmouth College and received a Bachelor of Arts in Visual Arts prior to attending medical school, also at Dartmouth. She then completed a pediatric residency at the University of Washington, Seattle.

Sandeep's hometown is Houston, Texas. He received a Bachelor of Arts in Psychology at the University of Houston and both a medical degree and masters of public health at Johns Hopkins University.

Prior to moving to Belcourt Drs. Erdrich and Patel provided pediatric health care to the Navajo children in Arizona. Angela is a Turtle Mountain tribal member and feels very committed and connected to the people of the Belcourt area. Sandeep has always had a strong interest in international health and believes serving the native peoples in their own nation within the United States border to some degree fulfills that international medicine interest.

Community health promotion and preventive health are of paramount importance to these pediatricians. Dr. Patel emphasizes patient education and anticipatory guidance in his office practice. It is their dream to convert people's self-image of being a health care consumer to becoming ones own health care provider. Angela brings to her job the mind set of child advocacy. She has recently completed education in caring for those who have been sexually assaulted. Travel costs and distance are only two of the many barriers for children and families in order to receive proper evaluation and care when sexually injured. It is hoped now with Angela's expertise these services can be provided in Belcourt rather than in Bismarck or Fargo, cities in which the services for the native children are seldom ever accomplished.

One of the successful projects these physicians spearheaded involves the creation of a health promotion calendar. Dr. Erdrich's photography and artistic skills were used to develop photo shots of the local people and community that were then made into health promotion messages. Examples of these monthly health promotion messages would announce bike safety, smoking cessation, and breast feeding. The calendar would also include the dates of community events and resources to assist these promotional activities.

Drs. Erdrich and Patel offer a fourth year UND School of Medicine & Health Sciences pediatric elective in general pediatrics and preventive health on the Turtle Mountain Reservation.

They are raising three children, Avinash (3 years old), Hema (2 years old), and Saheli (4 months old). Angela and Sandeep can be reached at the Quentin N. Burdick Memorial Healthcare Facility, PO Box 160, Belcourt, ND 58316, (701) 477-6111.

Physician Wellness

Dear Chapter Colleagues:

This is to announce the formation of the AAP Section on Administration and Practice Management's (SOAPM's) new Special Interest Group (SIG) on Physician Wellness (See attached).

The SIG steering committee members are myself as chair, with Avrum Katcher, MD, FAAP, Phil Itkin, MD, FAAP, Richard Schieken, MD, FAAP, and Don Barich, MD, FAAP.

We would greatly appreciate it if you would share the attached announcement with your chapter members to see if they would like to join. As the announcement states, there are no dues or required attendance. Member interest, input, and support are welcome to whatever extent they wish to provide.

We hope this opportunity increases the value of membership for physicians in your chapters and the AAP. Following the formation of the SIG at the recent SOAPM meeting at the NCE, the New Jersey Chapter President, Dr. Scott, sent the flyer out to his chapter members, and thus far, 11 members have joined the SIG on Physician Wellness.

If you have any questions, please feel free to contact either Robert Sebring, PhD, SOAPM manager, at 847/434-4784, bsebring@aap.org or myself at 781/861-8277, hbsherman1@aol.com. Thank you.

With best wishes for your well-being.

Hanna B. Sherman, MD, FAAP

UPCOMING EVENTS

Spring 2003 Meeting
Healthy North Dakota Kid;

Date: April 25, 2003

Location: Holiday Inn of Fargo
3803 13th Ave. S. (701) 282-2700

10:00 a.m. Board in Harvest Hall
1:00 p.m. General CME Meeting, Great Hall
6:00 p.m. Evening Meal

For the latest updates on the Spring Meeting, go to the NDAAP website at www.ndaap.org and click on Latest Meeting Schedule.

May 14-17, 2003
Chicago, Illinois
SUPER CME 2003
"Strengthen Your Practice and Update Your Knowledge"

* SUPER CME is designed for the practicing general pediatrician, whether you are just starting your career or are a seasoned professional.

Department of Pediatrics University of North Dakota School of Medicine & Health Sciences

How many professional hats do you own? If you are a North Dakota pediatrician the answer to this question must be "many." Our chapter members are not only advocates, politicians, committee members, healthcare providers, community and church leaders, but you are also educators. Since you are the pediatric academicians of our state, it is appropriate that this newsletter is the forum to briefly update you on the activities of the Department of Pediatrics at UND School of Medicine & Health Sciences.

This is the first year pilot project of a third year clerkship on the Northeast Campus. Dr. Eric Lunn, Associate Professor of Pediatrics and Assistant Dean of the Northeast Campus has taken on the responsibility of coordinating this clerkship experience. Those students who have completed their pediatric clerkships on the Northeast Campus to date have all performed exceptionally well.

Joan Connell, M.D., Clinical Assistant Professor of Pediatrics, has joined Kaye Obregon, Assistant Professor of Pediatrics, as a coordinator of the third year clerkship on the Southwest Campus in Bismarck. You will find Joan's profile in the last edition of this newsletter. Drs. Connell and Obregon are responsible not only for medical student education on the Southwest Campus but for the pediatric educational experience of Family Medicine residents.

The Northwest Campus in Minot continues to offer fourth year electives in Pediatrics. The neonatology elective has been particularly popular.

The volunteer faculty of the Southeast Campus has recently grown with the addition of many new pediatricians in Fargo. These new pediatricians include Drs. Aaron Gunderson, Brenda Thurlow, Chris Tiongson, Maria Weller, and Alonna Norberg. I hope to profile each of these pediatricians in future chapter newsletters.

Dr. George Johnson, Professor of Pediatrics and Dr. Joan Connell, Clinical Assistant Professor of Pediatrics and myself will attend the COMSEP (Council on Medical Student Education in Pediatrics) national meeting in Denver this spring. This is the opportunity for those responsible for medical student education in pediatrics, to gather together in order to address issues pertaining to education. It is from this group that our current curriculum has been derived. For academic pediatricians whose primary purpose is medical student education this meeting provides the venue to present their educational research.

Dr. Larry Burd, Associate Professor of Pediatrics, continues to be prolific in research in the areas of fetal alcohol syndrome and sudden infant death syndrome. Dr. Nathan Kobrinsky, Professor of Pediatrics, continues to be published nationally with regard to clinical research in childhood oncology. The Department of Internal Medicine has hired Dr. Tom Santoro in the new position as director of clinical research. It is hoped that with the addition of the new pediatric volunteer faculty that our department might increase its clinical research activities and publications. If any of you are interested in clinical research experiences please contact me. It is my hope that I can provide access to start up research money and support.

MeritCare Tuesday Pediatric Grand Rounds has recently been

video linked to Bismarck and Minot. Bismarck pediatricians and medical students have been able to view Pediatric Grand Rounds and receive CME credits. It is anticipated in the near future that Bismarck pediatricians will also begin to participate as presenters in these "statewide" grand rounds. The possibility of linking to Grand Forks is currently being explored.

I recently attended a task force meeting at the National Board of Medical Examiners in Philadelphia. Our pediatric department may join several other medical schools in a pilot research study to assess whether or not clinical judgment can be taught and assessed. I will present more information regarding this pilot research project in future newsletters as this project further develops.

Once again I want to thank you from the bottom of my heart for your enthusiasm and exceptionally good work in teaching medical students. Our medical school depends on your generosity and kindness. We hear time and time again from residency directors of the high quality of medical students that come from North Dakota to their residency programs. Many of our medical students who have matched in pediatric residency programs eventually go on to become chief residents. This is not only a tribute to these fine students but also to you as their faculty.

Stephen J. Tinguely, M.D.

Associate Professor and Chair, Department of Pediatrics

Newborn Screening in North Dakota Expands

On April 1, 2003, the North Dakota Department of Health's Newborn Screening Program will begin routine screening of all newborns for medium-chain acyl-coA dehydrogenase deficiency (MCAD), biotinidase deficiency, and hemoglobinopathies/sickle cell anemia. ***Specimen collection will not change from the current procedure—nothing different needs to be done.*** The newborn screening fee will increase from the current \$18 to \$30 with the addition of the new tests. The testing laboratory bills the testing facility for the initial specimen. There is no charge for repeat specimens needed to follow-up early collection, borderline or presumptive positive results.

The Iowa Hygienic Laboratory, which performs the testing for North Dakota, is using a technology relatively new to newborn screening called tandem mass spectrometry (MS/MS) to screen for PKU and MCAD. In addition, they are conducting a pilot-screening project in which Iowa and North Dakota infants are being screened for more than 30 other metabolic conditions. Since this is a pilot program, there is no charge for the additional tests conducted in the pilot program.

An insert for use with the North Dakota Newborn Screening brochure *Testing for a Healthy Baby* is available. The insert describes the new tests and the pilot program MS/MS tests. The brochure and insert are available free of charge from the North Dakota Department of Health. To order brochures and/or inserts call 800.472.2286 (press 1 for MCH) and ask for Ros Norstedt. This information may also be downloaded from the Maternal and Child Health website <http://www.ndmch.com> or the full location for the newborn screening brochure and insert: <http://www.ndmch.com/publications/MetabolicScreeningTestingForHealthyChild.pdf>

For additional information about the expanded tests or if you have questions regarding expanded screening, please contact Karen Oby, Newborn Screening Program coordinator at 701.328.4529 or 800.472.2286 (press 1 for MCH).

2003 NDAAP SPRING MEETING

April 25, 2003

Board Meeting - 10:00 AM, Harvest Hall

General CME Meeting - 1:00 PM, Great Hall

Holiday Inn, Fargo, ND

Rodrigo Rios, MD

“Healthy Kids. What’s Happening in Fargo”

Upon completion of this program, the learner will be able to:

- * Identify programs and trends as they relate to childhood health in the areas of weight, fitness, and nutrition

Cathy Breedon, PhD, RD, CSP, FADA

“Hot Topics in Pediatric Nutrition”

Upon completion of this program, the learner will be able to:

- * Identify at least 3 nutrients that are often inadequate or sub-optimal in the diet of Americans but rarely recognized as problem nutrients
- * Describe the health risks associated with this intake pattern
- * Identify simple ways to improve this picture markedly.

Terry Dwelle, MD

“Healthy North Dakota Kids and the State”

Upon completion of this program, the learner will be able to:

- * Identify activities at the state level as they relate to the 10 objectives outlined in the governor’s Healthy North Dakota program

Karen J. Oby, MPH, LRD, MCH/WIC

“Newborn Metabolic Screening”

Upon completion of this program, the learner will be able to:

- * Identify updates in new metabolic screening using sickle cell and tandem mass spectrometry

Stephen Nelson, MD

“Ethical Issues with Genetic Testing Pediatrics Including Newborn Screening”

Upon completion of this program, the learner will be able to:

- * Identify ethical issues in genetic testing with pediatric patients.
- * Identify ethical issues in genetic testing with newborn patients.

5:30 PM OPEN BAR * 6:00 PM SUPPER (CHICKEN OSCAR) *** 6:15 PM BUSINESS MEETING**

“This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of North Dakota School of Medicine and Health Sciences and the North Dakota Chapter of the American Academy of Pediatrics. The University of North Dakota School of Medicine and Health Sciences is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

“The University of North Dakota School of Medicine and Health Sciences designates this continuing medical education activity for a maximum of 3.25 hours in Category 1 credit of the AMA Physicians Recognition Award. Each physician should claim only those hours spent in the educational activity.”

“This program is jointly sponsored between the North Dakota Chapter of the American Academy of Pediatrics and the Department of Continuing Medical Education at the University of North Dakota.”

North Dakota Chapter of the American Academy of Pediatrics

Please Return Registration Forms To:
 UND School of Medicine & Health Sciences
 Office of Continuing Medical Education
 Attn: Kylie Behm
 BOX 9037
 Grand Forks, ND 58202-9037
 or
 Fax it to : ATTN: Kylie 701-777-3108
 or
 Email to : kbehm@medicine.nodak.edu

PLEASE PRINT OR TYPE:

Name _____

Affiliation _____

Address _____

City, State, Zip _____

Office Phone _____

Email _____

Specialty _____

NDAAP 2003 SPRING MEETING

Yes, I will be Attending the NDAAP 2003 Spring Meeting

REGISTRATION FEE

\$30.00 Registration Fee
 (Make checks payable to NDAAP)

OPTIONAL FEE

\$23.00 Guest for dinner on Friday