

NORTH DAKOTA PEDIATRICIAN

INSIDE THIS ISSUE:

<i>Presidents Letter</i>	1
<i>Upcoming events</i>	2
<i>Visiting Pediatric Cardiologist</i>	3
<i>Fighting Obesity</i>	3
<i>The Burning Issue</i>	2
<i>UNDSM Pediatric up- date</i>	4
<i>Healthy Child Care America</i>	4

PRESIDENT'S LETTER BERNARD J. HOGGARTH, MD, FAAP



Dr Todd Twogood, Todd's wife Lila, and Dr Hoggarth enjoyed supper with AAP President Carden Johnston and his wife Sue at the district meeting in Richmond, Virginia on April 17th, 2004. Though we are a small chapter your concerns have been heard by leadership. The top ten resolutions have been responded to by the board. You can look for more help with obesity and a module on mental health similar to the ADHD module.

The Spring meeting in Fargo was a big success. Be sure to put Oct 1st on your calendar for the Fall Meeting. Please see the meeting section for the details. Next spring we will have a nationally known speaker from the CDC on immunizations. We will also have an update on gastroesophageal reflux. Dr Tinquley has secured a nationally known visiting professor.

The web has been redesigned with expanded menus for faster location of pages. Lots of new links have been added. Please send me any links or information you would like to see included.

Get ready for the legislative session January 2005 as there are lots of pediatric legislative issues.



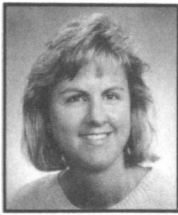
We're on the web
at www.ndaap.org

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Children*

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North Dakota Chapter of
the American Academy
of Pediatrics



An Update of Pediatric Research in Office Settings (PROS) Studies in the Field

The Pediatric Research in Office Settings (PROS), the AAP's practice-based research network, includes 614 practices and more than 1700 practitioners who focus on projects meaningful to the practicing clinician.

PROS is conducting two important new national studies of interest to its members, Safety Check and the Child Abuse Recognition Experience Study (CARES). Anticipatory guidance is among the core activities that we do as pediatric providers. However, do we know if our good counsel actually works? It is a practical question and one that the PROS network is tackling with our latest project "Safety Check". Pediatricians will test some new, brief screening and counseling tools for violence prevention and reading promotion. At the conclusion of the visit, both the provider and the patient will complete a one-minute questionnaire. The project involves minimal paperwork and typically lasts 2-4 weeks. The research team will also re-administer the questionnaire to the parents one and six months after the visit. The study's results will lead to new recommendations on how we as pediatricians provide guidance on these and other safety and developmental issues. Some practices have been recruited for this study; others will be recruited in the near future.

Another common task is more difficult - recognizing and reporting child abuse. CARES seeks to describe how experienced practitioners approach this challenging task. This study will identify the resources that help practitioners make these difficult decisions. It will give us a better understanding of the barriers that primary care physicians encounter. Practitioners will find that participation in this study is easy and quickly accomplished. All volunteering practitioners will complete a brief questionnaire about their experiences with childhood injuries. Each will also record a limited amount of information about forty patients. Selected practitioners will complete an additional questionnaire and participate in a telephone interview about their study experiences with childhood injuries. No identifying information about patients will be submitted to the PROS office at the American Academy of Pediatrics. All information about individual practitioners will be confidential. Several of our practices are currently participating in this study.

The aggregate results of these studies will be shared with all members of the PROS network. Participating practitioners receive preliminary reports of research results as soon as they are available and review manuscripts before they are submitted for publication. Participating practices are acknowledged at the end of published articles if desired.

If you've never participated in a PROS study but are interested in doing so now, contact myself or PROS office at 800/433/9016 ext.7623.

Lori Sondrol,

The Burning Issue:

The summer is here and in the world of pediatrics, it is traditionally a time for rest and leisure ; not this year. There has been no slowing down of patient visits, and new issues to deal with. The pertussis outbreak in our state (especially in the Minot area), has become a priority issue. It is recommended by the CDC and the ND state health department to move up the pertussis (DTaP) vaccine to 6 weeks of age then subsequently space out the rest as before. The booster of pertussis vaccine is also to be moved up to encompass all 4 year olds instead of waiting for the kindergarten check-up at 5 years old. This means most practices are giving MMR and IPV also at the same time (4 years old). There is now even talk nationally to possibly make pertussis a newborn vaccine in the future (refer to the latest issue of Pediatric News). For more information concerning our state and vaccine changes contact Heather Weaver at the state health department. The prevnar shortage is now coming around a bit and once again we are able to give the 3rd dose and it is hopeful that more is on its way. The last vaccine news is just a reminder to get ready for the fall and the flu vaccine. It will be recommended again this year to vaccinate all children 6 months to 2 years old and their contacts as well as the

(Continued on page 3)

UPCOMING EVENTS



Fall 2004 Meeting
Friday October 1st...Fargo Holiday Inn
Watch for Flyer with details

Spring 2005 Meeting
Friday April 29th...Fargo Holiday Inn
 Dr. Lewis First, chair of the Department of Pediatrics at Vermont Medical School
GERD
Immunizations

Fall 2005 Meeting
Friday, September 23rd, Grand Forks

 For the latest updates on the Spring Meeting, go to the NDAAP website at www.ndaap.org and click on Latest Meeting Schedule.



Dr Byambasuren is a visiting pediatric cardiologist from Ulaanbaatar, Mongolia. She is visiting the United States for three months and is spending time with Dr Rios. She visited the Altru Pediatrics department on July 7th, 2004. She is pictured here between Dr Rios and Dr Sondrol along with Dr Hoggarth. Dr. Byambasuren Samdan (Dr. Byambasuren) works at the Maternal & Child Health Research Center of Mongolia, in Ulaanbaatar (the capital city). She went to medical school in Ulaanbaatar, she did further pediatrics training in the Mongolian Medical University and worked in the Gobi-Altai desert province as a pediatrician for five years. She then went on to pediatric cardiology training at Doctors Training Institute, back in Ulaanbaatar.

She has a busy clinic practice and takes care of many children with heart disease from all over the region (most children with significant disease from all over the country are sent to her center). She has been involved with diagnosing and presenting cases to several teams around the world for the care of her patients. Several medical teams have been in Ulaanbaatar (from Japan, Australia, France, etc) for surgical and transcatheter intervention on some of her patients. She also has sent patients to other countries for surgery. She has been in San Diego, CA, with patients of hers, and has been in Kobe and Kurashki, Japan doing pediatric cardiology rotations.

(WHAT IS THE FARGO CONNECTION?) Dr. Byambasuren diagnosed and managed two children with severe rheumatic heart disease who were brought to Fargo Children's Hospital for surgical valve replacement in 2001, through the work of Samaritan's Purse Children's Heart Project. Dr. Byambasuren is currently visiting Fargo, staying with a host family which was instrumental in the arrangements for the postoperative care of these two children. Members of this family have traveled to Mongolia and have become great friends with Dr. Byambasuren. During her stay in North Dakota, she is rotating as an observer in the pediatric Cardiology and cardiovascular surgery services in Fargo, Children's Hospital and Clinic.

(Continued from page 2)

high risk children. Get Ready it's coming soon. I would like to remind you about the Fall meeting for our chapter. It will be held on October 1st at the Fargo Holiday Inn. For more information of times and speakers please look at our chapter website under upcoming meetings. Plan early to attend, and enjoy the rest of the summer (oh yea, watch out for West Nile Virus and talk to your parents about summer safety issues).

Todd Twogood MD
Vice President NDAAP

Dr. Parag Kumar, pediatrician, is fighting in the battle against childhood obesity. Dr. Kumar's research shows that childhood obesity is a major epidemic in our nation. Changing lifestyles at home and schools are essential in combating this problem.



Dr. Kumar is a constant soldier in the fight against childhood obesity.

A passion for helping people. The need to help the community. A drive to make a difference. Dr. Parag Kumar, a pediatrician with Medcenter One Health Systems, possesses all of these things. And his work in the fight against childhood obesity proves it.

Last year, Dr. Kumar and his colleagues were alarmed by the increasing number of overweight children they were seeing at Q&R Clinic. Not only were the children overweight, but many were also suffering from health problems because of their weight.

That trend motivated Dr. Kumar to get involved. His first step was giving a Doc Talk in December 2003 about childhood obesity.

"We had a good community response and following the presentation I received several invitations to speak at schools and PTOs," Dr. Kumar said.

Since that first endeavor, Dr. Kumar has taken great strides in making a difference in the community and the nation. Dr. Kumar gave another Doc Talk in March, paired with a session given by Kelly Fischer, a Medcenter One dietician. He has made presentations to school officials and also spoke at a Bismarck leadership conference to 30 Principals and other leaders about the dangers and causes of childhood obesity. Several Bismarck schools have stopped selling candy as fundraisers and have restricted or are considering removing sweetened beverages and junk food from vending machines.

Dr. Kumar is also working with the YMCA to develop a weight-loss program for children. He is helping Indian Health Services/Custer Health get obesity risk assessments lined up and is providing information to Bismarck/Burleigh County Public Health.

"By getting involved at grassroots levels, we can spread information and make people aware of the problem," Dr. Kumar

(Continued on page 4)

Medical School News

The Department of Pediatrics, UND School of Medicine & Health Sciences, held its first statewide clinical faculty meeting in June. This was held in place of the traditional Tuesday Pediatric Grand Rounds. Unfortunately, as is too often the case, technology did not allow this meeting to be held by interactive video and the PowerPoint presentation could not be viewed statewide. I presented information to the clinical faculty including background demographic information of the incoming class of 2008 as well as residency choices of this year's graduating class. The new curriculum for the first two years was presented in some detail to give the clinical faculty a clear idea of how students are educated prior to their clerkship experiences. The third year curriculum and clerkship schedules were also presented. Information regarding student grading as well as the student assessment of their clerkship experiences were discussed as well. It should be emphasized that the students' evaluation of the pediatric clerkships have been glowing and that the students continue to perform very well on the national shelf examinations.

The clinical faculty are to be given the lion share of the credit for the students' success and your willingness and enthusiasm for medical student teaching is so much appreciated. If any of the state's pediatricians would like a copy of this PowerPoint presentation I would be happy to forward it to you.

Dr. Chris Tiongson and Dr. RaNae Doll received the Dean's Recognition Award at this year's graduation awards luncheon which was held on Saturday, May 8. Dr. RaNae Doll was also awarded AOA.

The Department of Pediatrics has chosen the following clinical faculty to receive the "Pediatric Preceptor of the Year, 2003-2004 Recognition": Dr. Rafael Ocejo, Southwest Campus, Dr. Chris Tiongson, Southeast Campus, and Dr. RaNae Doll, Northeast Campus. In honor of this recognition each of these outstanding clinician educators will receive a copy of "Nurturing Children: A History of Pediatrics" by A. R. Colon.

We have received word that Dr. Lewis First, chair of the Department of Pediatrics at Vermont Medical School has tentatively accepted the AAP Rome Visiting Professorship. We anticipate that Dr. First will visit North Dakota in April, 2005. As part of this visiting professorship it is hoped that he will speak at the North Dakota Chapter AAP annual meeting in Fargo on Friday, April 29, 2005.

Stephen J. Tinguely, M.D.
Associate Professor & Chair, Department of Pediatrics
UND School of Medicine & Health Sciences

DAYCARE

The American Academy of Pediatrics (AAP) and Healthy Child Care America (HCCA) have teamed up to provide goals for strengthening the link between health and child care by increasing pediatric health care professional involvement and effectiveness in the provision of healthy and safe child care. We as Child Care Health Consultants (CCHC) in North Dakota want to reiterate our dedication in assisting you to meet these goals.

In North Dakota CCHC are registered nurses who have pediatric or child care experience and are knowledgeable in child care, licensing regulations, and community resources. We provide guidance and assistance to approximately 1700 child care staff on health and safety issues. We also serve over 22,300 children in out-of-home care.

There is one CCHC in each quadrant of the state. If there is any information or assistance that we can provide please contact us.

North West ND: Andrea Tichy, RN
1-800-450-7801

North East ND: Sheila R. Netz, RN
1-800-543-7382

South West ND: Kathy Lampman, RN
1-800-223-1510

(Continued from page 3)

said. He also presented Grand Rounds for UND School of Medicine, Altru Hospital (Grand Forks) and Merit Care (Fargo).

Dr. Kumar is an advisor to three committees of "Healthy North Dakota", a statewide initiative focused on improving the health of every North Dakotan. He is the only pediatrician involved with "Healthy North Dakota."

In April, Kumar traveled to Washington, D.C. to meet with Senators Dorgan and Conrad and Rep. Pomeroy to influence Childhood Nutrition and Wellness Legislation.

Dr. Kumar was sponsored by the North Dakota Department of Health to attend the Time/ABC News Summit on Obesity in Williamsburg, Va. June 2-4. More than 400 national experts, including representatives from food and advertising industry, Nickelodeon, Yale, as well as U.S. Surgeon General Richard Carmona, HHS Secretary Tommy G. Thompson attended the Summit to discuss strategies to turn our nation's childhood obesity epidemic around.

Congratulations, Dr. Kumar, and thank you for all your hard work in the fight against childhood obesity. You're making a difference in our nation, our region and at Medcenter One.